



# CHANEL COLLEGE

# news

30 JANUARY 2014

TERM 1 WEEK 1

ISSUE 47

*"To act justly, to love tenderly and walk humbly with your God"* Micah 6:8

## From the Principal

Welcome to the 2014 College year! We have had an excellent start to the school year and it is pleasing to see the students return looking so refreshed and with such positive attitudes towards their studies. This year we have 102 Year 8 students commencing with us. Our current school enrolment is 540.

Our College theme for 2014 is "Let's Make a Difference". I shared this well-known story at assembly on Tuesday.

*A man was walking along a deserted beach at sunset. As he walked he could see a young boy in the distance, as he drew nearer he noticed that the boy kept bending down, picking something up and throwing it into the water. Time and again he kept hurling things into the ocean. As the man approached even closer, he was able to see that the boy was picking up starfish that had been washed up on the beach and, one at a time he was throwing them back into the water. The man asked the boy what he was doing, the boy replied, "I am throwing these washed up starfish back into the ocean, or else they will die through lack of oxygen. "But", said the man, "You can't possibly save them all, there are thousands on this beach, and this must be happening on hundreds of beaches along the coast. You can't possibly make a difference." The boy smiled, bent down and picked up another starfish, and as he threw it back into the sea, he replied*

**"Made a difference to that one"**

How can you make a difference this year?



God bless

*S. M. Volp*

Sharon Volp

## Staffing Updates

I would also like to welcome the new staff joining us this year.

- Miss Alana Keys – PE/Maths
- Miss Kylie Kickbusch – Sports Coordinator
- Ms Jane Greenland – The Arts Coordinator
- Miss Paige McDonald – English/Humanities/RE
- Miss Ollivia Beveridge – HPE Coordinator
- Mrs Alison Whitehead – Enrolments Officer
- Mrs Marina McCosker – Tuckshop Convenor
- Mrs Aileen Bright – Tuckshop Assistant

Welcome back to Mrs Amiee MacBeath who has returned from maternity leave and Mr Stephen King who has returned from long service leave.

## Mail Out Newsletter

Last week a newsletter was mailed home which contained some very important information regarding the start of the school year. If you did not receive this mail out, please contact the College Office.

## Opening Mass

To celebrate the opening of the school year, I would like to issue a warm invitation to join us for our Opening Mass which will be held on Thursday 6 February commencing at 9.00 am in the Marian Centre.

## P and F Meeting

I would like to invite all members of the Chanel Community to attend our first P and F Meeting for the year on Wednesday 19 February from 5.30 – 6.30 pm. Please put this in your diaries!

**Phone: 07 4973 4700**

Fax: 07 4973 4799

E-mail: [the.secretary@chanelcollege.qld.edu.au](mailto:the.secretary@chanelcollege.qld.edu.au)

website: [www.chanelcollege.qld.edu.au](http://www.chanelcollege.qld.edu.au)

**Student Absentee Hotline: 4973 4791**



# Good News

Kath Hore Mission & RE Support Officer

## Let's Make a Difference – Chanel Theme 2014

Our theme for 2014 encourages us to live with a more compassionate awareness of the needs of other people. The way we live and love is what matters most. We all have the capacity to make a difference in our school, in our homes, in our social and sporting groups and in the wider world. Let us make 2014 a year when we look beyond ourselves and our desires and look to others and consider their needs.

### Prayer Support

Following tradition, Chanel College families and/or individuals are asked to be involved in offering prayer support for our Year 12 students. This is a very important year and one that can be quite stressful at times for our young people. Each person or family who commits is asked to pray each day, a prayer of their choice, for the student. This is a practical way of demonstrating our concern for our Year 12 students. Anyone who believes in the power of prayer is welcome to be a prayer support person/family. If you have not already received and returned your notice, and would like to participate, please leave your name and contact details at the College Office before Tuesday 4 February.

### Connecting with Marists

Over the last weekend of the school holidays, our College Captains – Kelsey Smith and Kane Langdon, and Vice-captains – Sam Reynolds and Jacques Fermier, spent time at the Marist Student Leaders' Gathering in Brisbane. They were given the opportunity to deepen their understanding of leadership, network with other Marist schools and participate in shared prayer and liturgies. Many thanks to Mrs Wales who accompanied them and we look forward to sharing their new found skills and ideas.

### Invitation to attend Mercy Associate Presentation

Parishioners are invited to attend a Mercy Associates presentation from Sr Pat Wood rsm entitled "They Came By Boat - Refugees in Australia". Sr Pat was a Pastoral Care Worker on Christmas Island for a short period in 2013 and still works with refugees in Rockhampton today. It will be held in the Parish Hall, Herbert Street, on Saturday 1st February. Morning tea will be held after the 8.30 am Healing Mass and the presentation will begin at 10 am.

### Sale of Second Hand Uniforms

The Student Social Justice Group, through the sale of second hand uniforms last year, raised over \$3000.00. The money was donated to the Sisters of St Joseph to assist the work of the Mary MacKillop Foundation in Peru and East Timor, The Marist Sisters educating disadvantaged children in Bangladesh, The Mercy Sisters assisting with education in Papua New Guinea, refugees from the Syrian Crisis and closer to home – schools in our Diocese affected by the January 2013 floods.

The 'shop' will continue to operate in 2014 and will open each Wednesday in the RE Resource Room during the first break.

If you have uniforms your child no longer requires - all donations are gratefully accepted and many thanks to those who have already sent in donations.

### Thursday Mass

Ms Dyer's Year 12 Study of Religion Class will commence this year's masses on Thursday 13 February – Commencing 10.40 am in the Chapel. PARENTS/CARERS are WELCOME!

### Please Pray for ...

- Civilians in Middle Eastern countries as the political unrest continues to cause pain and suffering
- All our new students and staff as they commence their journey at Chanel College
- A year during which we will make a difference to someone each day
- People in our community who are unwell or recovering from illness

### Praise and Thanks for...

- Civilians and defence personnel working to rebuild lives and to bring peace, unity and justice in many parts of the world
- A safe return to school after a relaxing and renewing holiday
- The wonderful country we live in celebrating together

*If you have any requests for either of the above prayers, please leave your request at the Office.*



In space astronauts cannot cry, because there is no gravity, so the tears can't flow.

Because of the rotation of the earth, an object can be thrown farther if it is thrown west.

In 1859, 24 rabbits were released in Australia. Within six years the population grew to 2 million.

## Message from the Assistant Principal Pastoral Care - Alison Wales

# INSIGHTS

by Michael Grose – No. 1 parenting educator

parentingideas.com.au

parentingideas.co.uk

parentingideas.co.nz



## Making a smooth start to secondary school

Getting used to new subjects and new teachers, as well as forming new friendships are just some of the requirements of this period.

Starting secondary school is a time of change and uncertainty, which places new demands on young people. Being at the bottom of the pecking order where they are unsure of the playground hierarchies is just one adjustment that they need to make.

Some kids take these new experiences in their stride but it is natural to experience some difficulty, particularly when it's accompanied by the potentially unsettling transition from childhood to adolescence. It's no coincidence that many research projects indicate that children's learning levels out in the transition year, presumably because the social tasks of adjustment take precedence over academic performance.

It helps to remember the Four P's to help your young person settle in:

**1. Promote friendships:** The quicker kids form new friendships the sooner they'll feel comfortable in their secondary school surroundings. Encourage your young person to be open to forming friendships with all sorts of kids; to be accepting of others who may be different to them; to take social risks by joining in activities even though they may feel uncomfortable; and to be friendly, approachable and positive!

**2. Practice patience:** Patience and understanding in the early weeks is essential. Brush up on your listening skills as you help your young person adjust. Talk to your young person about change and reassure them that it is normal to feel unsure or nervous in new circumstances. Let them know that many difficulties they face will be temporary.

**3. Pursue a positive attitude:** Confidence is catching so make sure you see this transition time as an exciting challenge that your child can handle rather than an event to be feared. Ask them about the new subjects or interesting activities they are doing, and try to shift their focus to the positive aspects of school. Discuss settling in issues with the appropriate person such as a year level coordinator, but give your young person time to handle them on their own before seeking help.

**4. Process their day:** Some young people may come home with fairly exaggerated accounts of secondary school and may not always paint a fair picture. They may become sensitive to things that they might have shrugged off in primary school. Listen without judgment and show a real interest in their new school, while providing them with the space they need to get away for a while. Expect some behaviour blowouts as many kids let off steam in the relatively safe and stable environment of a loving family.

If your eldest is starting, then secondary school will be a relatively new experience for you too. It will take some time for you to adjust to the school's culture and communication methods.

Although secondary schools may seem a little foreign for those used to the relative intimacy of primary schools, one aspect is the same – outcomes for students are maximised when schools and parents work together in the best interests of the student.

One way to support your young person's school is by actively promoting the school's values. For instance, if respect is a prominent school value then you can discuss this in relation to the way your young person behaves around friends, relatives and family.

Most importantly, talk up your young person's new school, rather than talk it down, as kids of all ages take their cues from the most significant adults in their lives – their parents!



Get a FREE weekly Guide: Subscribe to Happy Kids, Michael's regular parenting guide and get a Chores & Responsibilities Guide when you do. Just go to [www.parentingideas.com.au](http://www.parentingideas.com.au) and subscribe to Happy Kids.

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Join Michael's community of parents on Facebook. Go to [www.facebook.com/michaelgroseparenting](http://www.facebook.com/michaelgroseparenting) and click on the Like button.

# notices

## IMPORTANT NOTICE CAR PARK TRAFFIC ARRANGEMENTS

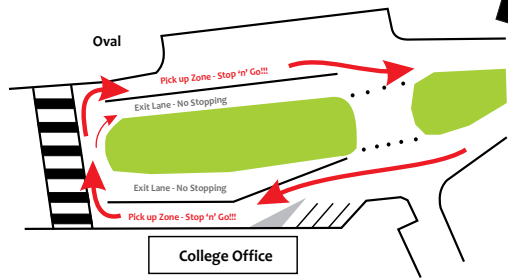
With the increased enrolment numbers there is more traffic entering the College grounds in the afternoons. Traffic is generally cleared by 3:30 pm, but delaying your pick up will allow you faster access to the College.

For the safety of all of our children could you please adhere to the following management plan. Either side of the traffic island as you enter St Peter Chanel Drive is divided into two lanes. The inside lane, closest to the traffic island, is a clearway for people to exit once they have collected their children. The outside lane, closest to the office, is the designated "pick up" zone. Please remind your children not to cross St Peter Chanel Drive to access their vehicle. The only point where the road is to be crossed is at the pedestrian crossing.

The head of the queue for picking up students is on the Dawson Highway side of the traffic island. Those parents parking in the pick up lanes are requested to move around to the other side when the queue advances or if space is available.

Thanks again for your support on this very important issue.

Wendy Hjorth  
Office Manager



## PLEASE NOTE

Please be aware of your speed  
whilst in the College grounds.  
Speed Limit is 10 km/hour.  
*Thankyou for your Cooperation*

## OFFICE CLOSED

Please Note:  
The College Office will be  
closed  
Monday 3 February  
8.10 - 8.30 am  
Due to Staff Photographs

Wendy Hjorth  
Office Manager



## Congratulations 2014 Australia Day Young Sportsperson Award

*Tallis  
Stanhope*

Year 8 Chanel College Student

## Marist Student Leaders Gathering

By Kelsey Smith

On Friday the 24<sup>th</sup> of January, the College Captains and Vice Captains of Chanel were accompanied by Mrs Wales to Marist College Ashgrove in Brisbane to attend the Marist Student Leaders Gathering of 2014. The Marist Student Leaders Gathering is an annual event that is hosted by Marist Youth Ministry on behalf of Marist Schools Australia. It was a three-day gathering which provided a unique environment for student leaders from Marist Schools across Queensland to encounter and be equipped to live out leadership in the Marist way.

We had a wonderful time meeting other like-minded students from Marist Schools all across Queensland and sharing our ideas and goals for 2014. We learnt very valuable information and gained a lot of insight on how to lead as Jesus did and what the true meaning of leadership is.

Thank you Miss Volp for allowing us to go and for attending our special Mass and Dinner on Saturday night.

I would like to acknowledge and thank the organisers of this fantastic event and I would like to especially thank Mrs Wales for taking the time out of her holidays to accompany us to Brisbane and allowing us to take part in such a valuable experience.



111,111,111 x 111,111,111  
= 12,345,678,987,654,321

It takes 8.5 minutes for  
light to get from the sun  
to earth.

Lightning strikes the earth  
about 8 million times a  
day.

# sporting news

## Kylie Kickbush Sports Co-ordinator

### Swimming Carnival 2014

Our Swimming Carnival is to be held on Friday 7 February at the Gladstone Aquatics Centre. House Spirit is building around the College in anticipation of this annual event. Which House will win this year?

Students need to be aware of the following:

**House shirts are compulsory** for all students. Students are able to wear their own shorts provided they are appropriate for a swimming carnival and spending all day in the sun (ie: no high cut denim shorts). **House shirts and the College hat are to be worn when students are not swimming.**

**All students must have a wide brimmed hat** on as they enter the pool. Students will not be allowed to enter without a wide brimmed hat and they will be sent back to the College on the bus to collect their College hat. **Hats are to be worn whenever the student is not swimming. Footwear must also be worn whilst entering and leaving the pool.**

Students are not permitted to bring electronic devices (IPods, cameras and mobile phones), streamers or glass bottles/containers. Please be reminded that this is a **compulsory school day** and that normal school rules do apply.

If a student needs to **leave the Swimming Carnival early**, a signed written note from their parent/caregiver must be provided and presented to their Pastoral Care Coordinator. The student will then be issued with a Pass out.

**School will officially finish at 3:00 pm on Friday 7 February**, if parents are unable to meet this deadline please advise your child to take the Chanel bus back to the College.

I am looking forward to hearing the war cries and seeing our students enjoying the friendly rivalry between each House.

### Port Curtis Trial Dates

Below are a list of sports and trial dates for Port Curtis Events coming up. Interested students will need to put their name on the sheets outside the staffroom or see Miss Kickbusch. Nominations need to be in by **Friday 31 January**.

Event	Who	Port Curtis Trial Date
19 Water Polo	Boys and Girls	
13 - 19 Swimming	Boys and Girls	
19 Years Tennis	Boys and Girls	Monday 3 February
19 Years Softball	Boys and Girls	Monday 3 February
19 Years Cricket	Boys	Monday 3 February
15 Years Volleyball	Boys and Girls	Tuesday 11 February
19 Years Volleyball	Boys and Girls	Tuesday 11 February
15 Years Touch	Boys and Girls	Tuesday 11 February
18 Years Touch	Boys and Girls	Tuesday 11 February

# NEW STAFF



Ollivia Beveridge - HPE Co-ordinator  
Kylie Kickbush - Sports Co-ordinator  
Alana Keys - PE/Maths



Jane Greenland - The Arts Co-ordinator



Paige McDonald - English/Humanities/RE



Marina McCosker & Aileen Bright  
Tuckshop Convenor & Assistant



# Tuckshop Menu 2014



See tuckshop board for specials

Prices as at January 2014

\* Note: Prices are subject to change.

**Volunteers are always welcome**

Tuckshop Contacts: Marina & Aileen

Ph: 4973 4707

[www.chanelcollege.qld.edu.au](http://www.chanelcollege.qld.edu.au)

11 Paterson Street, Gladstone Qld 4680

## PRICE

### Sandwiches

Egg & Lettuce	\$4.00
Chicken & Mayo	\$4.00
Salad Sandwiches	\$4.00
Ham, Cheese & Pickle	\$4.00

**All sandwiches are made on white or multigrain**

### Wraps

Lamb & Chickpea	\$5.50
Chicken & Pesto	\$5.50

### Salads

Chicken Salad	\$5.50
Caesar Salad (with or without chicken)	\$5.50
Quiche & Salad	\$5.50
Quiche (by itself)	\$4.00

### Pastries

Sausage Rolls (Healthy Choice)	\$1.50
Spinach & Cheese Rolls	\$2.75
Meat Pies (Healthy Choice)	\$2.50

### Snacks

Raspberry & White Chocolate Muffin	\$3.00
Pumpkin & Fetta Muffin	\$3.00
Carrot Cake	\$2.00
Dip & Rice Crackers	\$2.00
Potato Crisps	\$1.50
Fruit	\$1.00
Fruit/Nut Pack	\$1.00

**Pre-Ordering is appreciated**

# notices

## TUCKSHOP VOLUNTEERS NEEDED

Our College tuckshop is in need of Volunteers. If you are interested in helping, no matter how little time you can spare, please see our tuckshop convenors to express your interest.

Any helpers would be greatly appreciated and valued.

Thankyou

Marina & Aileen

Ph: 4973 4707



## COLLEGE PHOTOS

Photo Day is on **Monday 3 February**. Students are required to wear their formal uniform on this day. All envelopes are required to be returned whether or not photos are being ordered. Individual photos will also be taken on Monday as every student receives a Student ID card which is required for use in our College.

**Assistant Principal  
Pastoral Care  
Alison Wales**

## LOCK YOUR BIKES!

To prevent THEFT please make sure you PADLOCK your bikes.

## STUDENT ACCESS CENTRE

**Do you need help with  
Assignments? Homework?  
Careers?**

Available for you are:

Computers & Printers, Resources & Support Material, Friendly Faces.

**HOMEWORK ASSIGNMENT HELP**

Monday, Tuesday, Thursday & Friday at 8.00 am. Also First Break everyday except Thursdays.

Contact **Chanel College's**

Inclusive Curriculum Coordinator:

Mrs Robyn Jurd on **4973 4739** or

Career Officer: Mrs Mellor on **4973 4738**

## upcoming events

### Week 2

#### Mon 3 February

- House Assemblies
- School Photos - **Formal Uniforms Only**
- Year 8 2015 Enrolment Applications Open
- Port Curtis Trials - Tennis, Softball & 19y Cricket
- Capricorn Swimming Nominations Due

#### Wed 5 February

- Musical Production Workshop 3.30 - 5.00 pm Drama Room
- Chanel Board Meeting 5.30 pm

#### Thur 6 February

- **OPENING MASS**
- Capricornia Trials - Water Polo
- Musical Production Auditions 1st Break

#### Fri 7 February

- Inter-House Swimming Carnival

### Week 3

#### Mon 10 February

- Whole School Assembly
- Capricorn Trials - Tennis, Softball & Cricket
- Inter-School Cricket
- **Year 12 Marine Studies Camp**

#### Tue 11 February

- **Year 12 Marine Studies Camp**
- Port Curtis Trials - Volleyball & Touch
- Musical Production Auditions 1st Break
- Student Representative Council Meeting 10.40 - 11.30 am

#### Wed 12 February

- **Year 12 Marine Studies Camp**
- Musical Production Auditions 1st Break
- Year 10 Info Evening 6.00 pm
- Year 11 Info Evening 7.00 pm

#### Thur 13 February

- **Year 12 Marine Studies Camp**
- Musical Production Auditions 1st Break

#### Fri 14 February

- **Year 12 Marine Studies Camp**
- Valentines Day